

Join experienced and qualified **Medical Herbalist and** Aromatherapist Bee McGovern on her guided walk around Fordhall Organic Farm. You'll meander over Fordhall's cattle grazing fields and through our natural woodland exploring and discovering the medicinal and culinary uses of various herbs, berries, seeds and roots.

Join Bee and other likeminded people on a 2 hour walk starting at 10am. Followed by a fabulous hearty 3-course foraged feast, put together by Fordhall's Head Chef, Nic.

£35 per person

Booking is essential on these Foraging Walks – please telephone to book and pay:

## Tel: 01630 638 696



Saturday, April 7th 2018 @ 10am Eat at Fordhall **£35 per person** Book your place today! **Organic Farm**